



Coach & Competence Committee models are changing...



We were one of the first of Canada's psychiatry residency programs to offer CBD Coaches. We have tried and tested multiple coaching models and have landed on one singular model based on resident feedback: **Coaches will sit on the competence committee and will work with residents for up to 5 years, but will NOT decide on the progression of their coachees.**



How will the change affect you?

For **Learners**: The current PGY1-2 cohorts as well as the pilot PGY3s may be paired with a different faculty member come July 2020. This faculty member, barring any issues, will provide longitudinal coaching to learners.

For **Faculty**: We have asked all current coaches to declare interest in continuing as coaches. We have also asked members of the Competence Committee who currently do not have coachees to declare interest in being a coach.

For faculty who already have coachees, we will be shuffling learners so that faculty members will coach learners from the same cohort i.e. PGY1 only or PGY2 only.

We will also be working with our Psychiatrists-in-Chief to help recruit the appropriate number of faculty from our affiliated teaching sites.



We plan to communicate possible changes in coach-coachee pairings to both learners and faculty by June 2020.

Thank you to our faculty and learners for their patience as we make our transition!

You + EPAs + COVID-19



We understand that it may be difficult to obtain EPAs during this unprecedented time. Your safety and infection control are our top priority!

Given this time of crisis, we will be very flexible in terms of the number of EPAs submitted. We will consider the current situation during the next set of Competence Committee reviews in May 2020.

If you are completing EPAs in order to meet targets, we suggest that residents enter all the data on their device including information being verbally dictated by their assessor, to promote social distancing.



Save the date! June 4, 2020 – Faculty Development Session

Join us from 12pm to 4pm to hear about upcoming program changes in July 2020. Topics will include the adoption of the Royal College Entrustable Professional Activities (EPAs), Elentra training, Longitudinal Ambulatory Experience (LAE), the Competence Committee and CBD Coaching models, transition from ITER to ITARs, how to provide a useful and effective EPA assessment, and updates to Psychotherapy expectations! You don't want to miss it! **Registration details will be announced via PsychNews.**

Introducing Transparent Thursday Topics!

T³:

Transparent
Thursday Topics

We have received many questions from you about Royal College requirements, CBD and other program changes. In our ongoing efforts to improve communication and transparency, we have been collating those questions and generating answers. We've branded this initiative: Transparent Thursday Topics or "T³". We'll also post all the answers and questions on our website: <https://www.psychiatry.utoronto.ca/faq/t3-transparent-thursday-topics>

[topics](https://www.psychiatry.utoronto.ca/faq/t3-transparent-thursday-topics)

Interested in submitting a question?

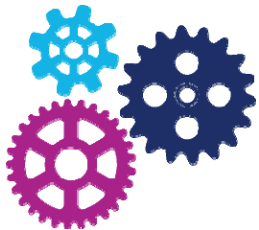
Send an email to tammy.mok@utoronto.ca or submit anonymously via Survey Monkey: <https://www.surveymonkey.com/r/HYBWVCI> or use our QR Code



Are you experiencing issues with EPAs?

It has been identified by PGY3 Pilot Resident, Brett Jones, that it is not possible to achieve all milestones in one assessment setting when attempting EPAs - COD7 Neurostimulation and COD8 Psychopharmacology.

Keep in mind...



If a milestone is not relevant to a case, a learner can still be deemed Entrustable as it not necessary to obtain all milestones

- **Pay attention to the title of the EPA.**
- Review the milestones if necessary, if not all are achieved but faculty is comfortable with the relevant milestones being achieved then resident can be considered entrusted.
- **Milestones are general guides and are helpful if learners have struggled with a particular milestone. They can help to guide faculty to shape useful narrative feedback.**

We anticipate that learners and assessors will encounter some issues with some EPAs and their associated milestones. In order to influence change at the Royal College, we will be collecting information on what is working on the ground and what is not. Please let us know by completing our online form: <https://forms.gle/otePPxJSm8MxBYjy6> if you encounter any problems with specific EPAs and milestones so that we can feed this forward to the Royal College.



- PGY1 Adriano Mollica had the most EPAs attempted in February with 7 submissions!
- PGY2 Bushra Khan had the most EPAs attempted in February with 16 submissions!
- PGY3 pilot Kirsten Penner-Goeke had the most EPAs attempted in February with 9 submissions!
- Kevin Gabel is the Supervisor with the most submitted EPAs in February with 15 submissions!

 **CONGRATS!**
Call Tammy to receive
your EPA Progress
Tim Horton's gift card



www.psychiatry.utoronto.ca/competency-design



Tammy Mok
CBD Project Manager
Department of Psychiatry
416.979.6848



cbd.psych@utoronto.ca